



## NEWS RELEASE

**02/03/2017 – 25/03/2017**  
**Dementia : One Simple Thing**

Over the next few weeks Community Health Councils (CHCs) across Wales will be asking people whose lives have been touched by dementia, or anyone who is a care giver, one simple question:

**What could the NHS do better to support people, as well as their families and their carers, living with dementia?**

We will be using a variety of methods to reach people including Twitter, a smartphone app, SMS text, face to face discussion, Freepost and a dedicated answerphone.

We believe that the result will demonstrate the powerful voice of people with real experience of dementia and that it will have a genuine influence on the development of the Welsh Governments plans for a Dementia Strategy for Wales.

CHC staff and members will be out and about speaking to people all over Wales during the next month. Additionally people can tell us their “One Simple Thing” suggestion by using the following ways to contact us;

Email - [yourvoice@waleschc.org.uk](mailto:yourvoice@waleschc.org.uk)

Dedicated Answerphone – 01248 679284 – Choose Option 4

SMS/Text – *Details to follow*

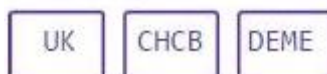
Website - <http://www.wales.nhs.uk/sitesplus/899/home>

Write to us at ‘One Simple Thing’ – CHCs in Wales C/O Unit 11, Chestnut Court, Parc Menai, Bangor. LL57 4FH

SurveyMe App – QR code, web links & Unique Code



<http://svy.at/xo6o>



**ENDS**

### **Note for editors**

Community Health Councils in Wales (CHC's) are the independent statutory organisations which represent the interests of patients and the public in the National Health Service throughout Wales.

### **More information**

For more information or an interview with Mr Geoff Ryall-Harvey, please contact: North Wales CHC, tel: 01248 679284 or Email: [geoff.ryall-harvey@waleschc.org.uk](mailto:geoff.ryall-harvey@waleschc.org.uk)